



# 5 km vei

UKI p.	MU20	MS	M35-39	M40-44	M45-49	M50-54	M55-59	M60-64	M65-69	M70-74	M75-79	M80-84	M85-	UKI p.
1400	12:26	12:18	12:36	12:56	13:21	13:49	14:22	15:02	15:48	16:44	17:51	0:19:13	0:20:54	1400
1300	13:35	13:26	13:42	14:01	14:25	14:53	15:27	16:09	16:58	17:59	19:13	0:20:45	0:22:41	1300
1200	14:46	14:37	14:50	15:08	15:30	15:58	16:33	17:16	18:09	19:15	20:36	0:22:19	0:24:31	1200
1100	16:01	15:51	16:01	16:16	16:37	17:05	17:41	18:26	19:22	20:32	22:01	0:23:55	0:26:25	1100
1000	17:19	17:08	17:15	17:27	17:47	18:14	18:50	19:37	20:36	21:52	23:29	0:25:35	0:28:23	1000
900	18:44	18:30	18:36	18:50	19:11	19:41	20:20	21:10	22:14	23:36	25:20	0:27:36	0:30:37	900
800	20:13	19:56	20:03	20:18	20:41	21:12	21:54	22:48	23:57	25:25	27:18	0:29:45	0:33:00	800
700	21:49	21:28	21:36	21:51	22:16	22:50	23:35	24:33	25:48	27:23	29:24	0:32:02	0:35:32	700
600	23:33	23:07	23:15	23:32	23:58	24:35	25:24	26:26	27:47	29:29	31:39	0:34:29	0:38:16	600
500	25:25	24:54	25:03	25:22	25:50	26:30	27:22	28:30	29:56	31:46	34:07	0:37:10	0:41:14	500
400	27:31	26:54	27:03	27:23	27:54	28:37	29:33	30:46	32:19	34:18	36:50	0:40:08	0:44:31	400
300	29:53	29:10	29:20	29:42	30:15	31:01	32:03	33:22	35:03	37:12	39:57	0:43:31	0:48:17	300
200	32:44	31:52	32:03	32:27	33:03	33:54	35:01	36:28	38:18	40:39	43:39	0:47:34	0:52:45	200
100	36:29	35:27	35:40	36:06	36:47	37:43	38:57	40:34	42:37	45:13	48:34	0:52:55	0:58:42	100
1	44:04	42:44	42:59	43:31	44:20	45:28	46:58	48:54	51:22	54:30	58:32	1:03:47	1:10:45	1

UKI p.	KU20	KS	K35-39	K40-44	K45-49	K50-54	K55-59	K60-64	K65-69	K70-74	K75-79	K80-84	K85-	UKI p.
1400	13:59	13:51	14:10	14:35	15:06	15:44	16:30	17:28	0:18:39	0:20:09	0:22:04	0:24:36	0:28:02	1400
1300	15:32	15:22	15:40	16:03	16:33	17:10	17:57	18:54	0:20:06	0:21:37	0:23:32	0:26:04	0:29:29	1300
1200	17:10	17:00	17:15	17:36	18:04	18:40	19:26	20:23	0:21:35	0:23:06	0:25:03	0:27:34	0:30:58	1200
1100	18:55	18:43	18:55	19:14	19:40	20:14	20:59	21:56	0:23:08	0:24:39	0:26:35	0:29:07	0:32:29	1100
1000	20:47	20:34	20:42	20:57	21:20	21:53	22:36	23:32	0:24:43	0:26:14	0:28:11	0:30:42	0:34:03	1000
900	22:28	22:12	22:20	22:36	23:01	23:37	24:23	25:24	0:26:41	0:28:19	0:30:24	0:33:08	0:36:45	900
800	24:16	23:55	24:04	24:21	24:49	25:27	26:17	27:22	0:28:45	0:30:30	0:32:46	0:35:42	0:39:36	800
700	26:11	25:45	25:55	26:14	26:43	27:24	28:18	29:28	0:30:57	0:32:51	0:35:17	0:38:26	0:42:38	700
600	28:15	27:44	27:54	28:14	28:46	29:30	30:28	31:44	0:33:20	0:35:22	0:37:59	0:41:23	0:45:55	600
500	30:31	29:53	30:04	30:26	31:00	31:47	32:50	34:11	0:35:55	0:38:07	0:40:56	0:44:36	0:49:29	500
400	33:01	32:16	32:28	32:52	33:29	34:20	35:28	36:55	0:38:47	0:41:10	0:44:12	0:48:10	0:53:26	400
300	35:52	34:59	35:12	35:38	36:18	37:13	38:27	40:02	0:42:03	0:44:38	0:47:56	0:52:13	0:57:56	300
200	39:17	38:14	38:28	38:56	39:40	40:41	42:01	43:45	0:45:58	0:48:46	0:52:23	0:57:04	1:03:19	200
100	43:47	42:33	42:48	43:19	44:08	45:15	46:45	48:41	0:51:08	0:54:16	0:58:17	1:03:30	1:10:26	100
1	52:53	51:17	51:35	52:13	53:12	54:33	56:21	58:40	1:01:38	1:05:24	1:10:15	1:16:32	1:24:54	1